

TAPAS & SHARE PLATES

Garlic Pepper Steak Bites	9.99
A Sammy's original since 1999. Tender sirloin steak pieces fried and tossed in garlic, pepper and coarse salt. Make sure to try out some of the many hot sauces. Steak Bites are great for dipping.	
Lobster Melt	9.49
A classic made even better. Tender lobster pieces baked with garlic cream & mozzarella. Served with warmed calabrese.	
Slider Trio	11.49
A sampling of our tasty chuck sirloin burgers. Classic cheddar, bourbon BBQ & bayou.	
Artichoke Jalapeño Dip	8.99
Artichoke hearts, jalapeños and parmesan blended with cream cheese then baked. With warm tortilla chips.	
Seven Layer Dip	8.99
Refried beans, guacamole, sour cream, tomatoes, green onions, jalapeños & cheese. With warm tortilla chips.	
Cheese & Bacon Skins	9.49
Baked with cheese, bacon bits and green onions. Served with salsa or sour cream.	
Peppered Calamari	9.99
Lightly breaded squid and tempura spicy veggies cooked to a golden brown then peppered and seasoned. Served with chipotle tartar dip.	
Honey Bourbon Sticky Ribs	11.49
A sampling of our great tasting back ribs. Slow roasted and basted in our house made honey Jack Daniels BBQ sauce.	
Bacon Wrapped Sirloin and Scallops	9.79
Tender pieces of sirloin and scallops, wrapped in bacon and skewered with roasted veggies then baked.	
Chicken Strips	8.99
Tender chicken strips cut in house daily and lightly breaded to order. Add fries for 2.99	
Blackjack Strips	8.99
Strips of chicken breast dredged in cajun spices and seared in a cast iron pan. A Sammy's favourite since day one.	
Wings & Drums	9.99
Juicy chicken wings & drumettes, tossed in Sammy's Signature hot sauce. Served with celery and ranch dip. Also available in honey bourbon BBQ, cajun, teriyaki or salt & pepper.	
Lobster Rolls	8.99
Lobster, mozzarella cheese, rice and jerk cream sauce wrapped in flour tortillas and cooked to golden brown.	
Garlic Parmesan Flat Bread	7.49
Hand rolled, Italian seasoned & drizzled with garlic, butter & fresh parmesan. Served with warm marinara.	

TEMPURA YAM FRIES 6.49

Lightly coated and fried. Served with ancho cilantro lime aioli.
Substitute yam fries as a side to any meal for 1.00

HOT SOUPS & GARDEN SALADS

Jerk Chicken Chowder	Cup 3.99	6.99
Straight from the Caribbean. Chicken, sweet peppers and roasted corn in a Jamaican cream base.		
Seafood Chowder	Cup 3.99	6.99
Scallops, shrimp, lobster and clams simmered with potatoes in a cream base.		
Feature Soup	Cup 3.49	5.99
Our kitchen comes up with something new every week.		
Classic Caesar		8.99
Fresh cut romaine, caesar dressing, shredded asiago cheese & croutons. Starter size 5.49 Add a season grilled chicken breast: blackened, teriyaki, cajun or naked 3.99		
Sammy's House Salad		8.99
A blend of crisp fresh greens, raisins, almonds and tomatoes in our house dressing. Starter size 5.49 Add grilled chicken 3.99		
Spinach Salad		9.99
Spinach, mushrooms, bacon, cheese, red onions and tomatoes tossed in apple cider vinaigrette. Add grilled chicken 3.99		
Southwest Fajita		13.49
Crisp greens, sweet peppers, red onion, roasted corn & cheese tossed in southwest vinaigrette. Topped with corn tortilla strips, salsa, guacamole & cajun chicken.		
Thai Chicken		13.49
Grilled Thai chicken, crispy egg noodles, sweet peppers, red onions & greens in spicy oriental sesame.		

GOURMET BURGERS

Choice of ½ Pound Chuck Sirloin patty or ¼ Pound Chicken Breast.
Served with fries, garden salad or caesar salad.

Sammy's Gourmet Burger	10.99
Served on a warmed Ciabatta bun with lettuce, tomato, mayo & red onion.	
Bourbon BBQ Cheeseburger	12.79
Honey bourbon BBQ sauce, cheddar, Monterey jack, pickles, ranch, mayo, lettuce & tomato.	
Canadian	12.79
The classic. Bacon, cheddar, lettuce, tomato, red onion and mayo.	
Monster Mushroom	12.99
Topped with jack cheese and loaded with sautéed mushrooms.	
Bayou Burger	12.79
Cajun patty, pepper relish, jack cheese, mayo, lettuce, tomato, red onion & pickles.	

SANDWICHES, WRAPS & MORE.....

Served with fries, garden salad or caesar salad.

Steak Sandwich's (6 oz. 'AAA' Sirloin)

Classic	16.99
Grilled and seasoned with Sammy's Signature steak spice on garlic toast.	
Ancho Chipotle	17.79
Topped with banana peppers & onions pan seared in spicy ancho chipotle sauce.	
Cajun Pacific	17.99
Topped with shrimp & scallops simmered in cajun cream.	

Ciabatta's

Blackened BBQ Chicken	12.99
Blackened chicken with cheddar, bacon, lettuce, red onion, tomato & mayo.	
Classic Club	12.79
Chicken seasoned with our Sammy's spice. With bacon, lettuce, tomato & mayo.	
Jerk Chicken	12.99
Jerk chicken breast, mayo, lettuce, tomato, banana pepper relish & jack cheese.	
Turkey Cranberry	12.49
Fresh turkey, cranberry spread, house made stuffing & mayo. Served with gravy.	

Wraps

Southwestern	12.99
Blackened chicken, cheese, sweet peppers, onions, lettuce, sour cream & salsa.	
Crispy Chicken	11.29
Crispy chicken strips, ranch spread, lettuce and tomato.	
BLTA	11.99
Bacon, lettuce, turkey, tomato and avocado with mayo.	

Cheesesteaks

Original Philly	12.99
Shaved beef with sautéed sweet peppers, onions and mushrooms then topped with cheddar.	
Rajun Cajun	12.29
Shaved beef, tomatoes, banana pepper relish, onions, jack cheese, cajun & mayo.	
Roast Beef Dip	11.49
Slow cooked roast beef on a toasted calabrese roll. With au jus.	

Seafood for Lunch

Fish Tacos	11.99
Flour tortillas with cajun whitefish, lettuce, tomato, red onion, guacamole, salsa and fresh lime.	
Seafood Melt	12.99
Shrimp and scallops baked in garlic cream sauce with cheese on toasted garlic bread.	
Beer Battered Fish and Chips	12.99
Whitefish filet coated in a dark ale batter and fried to golden brown. Extra piece of fish 3.99	





GOURMET PASTAS

Sammy's has built a great name around spices and hot sauces, but our pasta dishes are our best seller and second to none. Our fresh house made gourmet sauces and high quality pasta make all the difference.

Four Cheese Penne with Blackened Chicken	14.99
Sammy's #1 guest favourite. Four cheese sauce, bacon & green onions topped with a blackened chicken breast.	
Jerk Chicken and Prawn Penne	15.49
Sweet & Spicy! Succulent prawns, chicken breast slices and sweet peppers in jerk cream sauce.	
Seafood Linguini	15.49
Shrimp, scallops & prawns in our home made alfredo sauce.	
Chicken Pesto Penne	14.99
Chicken & penne pasta sautéed in creamy pesto basil sauce.	
Sammy's Spicy House Pasta	13.99
Chorizo sausage, smoked meat, mushrooms and sweet and spicy peppers in spicy creole sauce.	
Cajun Chicken Linguini	14.99
Chicken breast slices, sweet peppers & mushrooms tossed in our cajun cream sauce.	

RICE BOWLS

Served over top steamed rice and with garlic toast.

Jambalaya	15.49
A medley of seafood, chorizo sausage & vegetables in spicy creole bacon sauce. You decide how Hot: 1 to 5 chill peppers.	
Garlic Seafood	16.49
Scallops, shrimp and prawns with vegetables sautéed in a garlic cream sauce. For those that like a little spice, this is an excellent dish with our cajun cream sauce.	
Chicken and Chorizo Chipotle	13.99
Chicken, onions, sweet peppers, tomato & chorizo sausage in ancho chipotle sauce.	
Teriyaki Chicken	13.99
Teriyaki chicken breast, peppers, onions, grilled pineapple and fresh veggies.	

PIZZAS

Italians seasoned dough, hand rolled and topped with fresh ingredients.

Italian Classic	13.49
Mozzarella, double pepperoni, bacon, red onions, mushrooms and marinara.	
Sammy's House Special	13.99
Smoked meat, pepperoni, mushrooms, red onions, jalapeños, mozza, banana peppers and marinara.	
Montreal Supreme	13.49
Mozzarella, pepperoni, smoked meat, mushrooms, red onions, and creole sauce.	
Super Seven	13.99
Sausage, bacon, pepperoni, banana peppers, mushrooms, cheese and creole sauce.	

SIGNATURE SKILLETS

Quickly becoming a favourite. These dishes are served on a hot cast iron pan.

New Orleans Combo Skillet	18.99
Steak slices, prawns, scallops, shrimp and vegetables in cajun cream over mashed potatoes.	
Chicken Fajitas - Vegetarian or beef available on request	16.99
Chicken slices sautéed with sweet peppers and onions in our own smoky marinade. Served with salsa, cheese, sour cream, lettuce and flour tortillas.	
Jamaican Seafood Skillet	19.99
Lobster, prawns, shrimp, scallops and vegetables in jerk cream sauce over rice.	

SAMMY'S "AAA" STEAKS

Served with seasonal vegetables and your choice of fries, rice or white cheddar mashed.

	8 oz Sirloin	10 oz Striploin
Classic 'AAA' Steak Grilled and seasoned with Sammy's Signature steak spices.	20.99	24.99
Louisiana Topped with banana peppers and onions sautéed in spicy ancho chipotle sauce.	23.99	27.99
New Orleans A classic is back! Blackened and cast iron seared with cajun buttered peppers and onions.	23.99	27.99
Surf and Turf Seasoned steak with 6 tiger prawns sautéed in fresh minced garlic and butter.	25.99	29.99
Cajun Pacific Treat yourself to the best. Smothered in shrimp and scallops simmered in cajun cream.	26.99	30.99

CHICKEN, RIBS & SALMON

Served with seasonal vegetables and your choice of fries, rice or white cheddar mashed.

Grilled Chicken Breasts

Spicy Creole Blackened and topped with our sweet creole sauce.	16.99
Teriyaki Basted in teriyaki and topped with pineapple.	15.99
West Coast Cajun Topped with shrimp, scallops and lobster simmered in cajun cream.	22.99

Salmon

Naked Fire kissed seasonal salmon.	18.99
Blackend Coated in cajun and grilled. The perfect amount of spice to enhance the flavour of the salmon.	19.99
Honey BBQ Grilled and basted in sweet and tangy BBQ sauce.	19.99

Sammy's Slow Roasted BBQ Back Ribs

"Our Canadian Back ribs are second to none. Unbelievably flavourful, meaty and so tender they literally fall right off the bone."

Honey Bourbon BBQ 22.99

Sweet and tangy. Made with Jack Daniels.

Cajun Rubbed 22.99

Sammy's Cajun BBQ sears in the juices.

Honey Bourbon Chicken & Ribs 25.99

A full breast of chicken and a half rack of ribs basted in our tasty BBQ sauce.

Sammy's makes use of chilli peppers in many of our recipes. Some for the spice, but more for the unique flavours. Here is a brief guide:

Ancho

Appearance: Anchos are dried poblano chilies. They are a wrinkled red-brown color about 4-6 inches long with wide shoulders. They have a mellow, sweet flavor.

Scovilles: 1000-2000

Chipotle

Appearance: Chipotles are smoked jalapeños. There are two main types, chilli morita, which is a reddish brown color and chilli ahumado which is a tan variety. The difference in the color comes from the length of time the chilies have been smoked. The longer smoked, tan variety are considered superior, but both kinds will add a lot of flavor to your dishes.

Scovilles: 2500-10000

Habanero

Appearance: These little fireballs are typically an inch or two long and range from green to red in color. Most commonly, though, you will find them between shades of orange and yellow.

Scovilles: 100,000-350,000

Jalapeño

Appearance: These spicy ladies are between three and five inches long and range from dark green to a dark red. They are fairly skinny which is probably where the term "Texas Torpedo" came from.

Scoville: 2500-10,000

Serranos

Appearance: Serranos look a bit like jalaperos that have been stretched out. The texture of their surface tends to be rougher than that of jalaperos as well.

Scoville: 10,000/25,000

